2026 FALL ACTIVITY INFORMATION

Cheer

Coaches: Mrs. Susie Cranston scranston@bcsmt.org.org
Ms. Destiny Nyberg dnyberg@bcsmt.org
Start Date: Thursday – August 13th
Time: 10:00 AM - Noon
Place: Billings All-Star Cheer
Equipment: tennis shoes, cheer shoes, athletic clothing, water bottles, and Poms
Parent meeting: Met July 15th in the Cafeteria

Girls Flag Footbal

Coach: Mr. Brett Mckee bmckee@bcsmt.org
Start Date: Friday – August 14th
Time: 7:00-9:00 AM & 3:00-5:00 PM
Place: TBA
Equipment: T-Shirt, Pocketless Shorts or Pants, Cleats, Mouthpiece, Gloves (optional but recommended), Water Bottle, and NO JEWELRY
Parent Meeting: 5:15 PM Friday – August 14 at Practice Field

Boys & Girls Cross Country

Coach: Mr. Mack nmack@bcsmt.org
Start Date: Friday – August 14th
Time: 6:30 AM
Place: Landon's Field
Equipment: Running shoes, water bottle, towel, and sunscreen
Parent Meeting: 5:30 PM Wednesday - August 19th in the BCCHS Cafeteria

Football

Coach: Mr. Jim Stanton jstanton@bcsmt.org
Start Date: Friday – August 14th
Time: 7:00 AM and 3:45 PM
Place: Colton Field
Equipment: Helmet, football cleats, and a water bottle
Parent Meeting: 5:30 PM Wednesday - August 12th in the St. Francis Commons/Gym

Boys & Girls Golf

Coach: Mr. Tony Derrig tderrig@bcsmt.org
Start Date: Thursday – August 13th
Time: 9:00 AM
Place: Lake Hills Golf Club, be prepared to golf 18 holes on Thursday and 9 on Friday – August 16th

Equipment: Clubs, golf or tennis shoes, a water bottle, snacks, and sunscreen
- Boys = collared shirt and golf shorts (no gym shorts)
- Girls = golf shirt and shorts or skirt

Parent Meeting: 6:30 PM Monday - August 10th in the BCCHS Cafeteria.

Boys Soccer

Coach: Mr. Bilechi Sumaili. bsumaili@bcsmt.org
Start Date: Friday – August 14th
Time: 6:00 AM and 6:00 PM
Place: Amend Park
Equipment: Running shoes, soccer cleats, shin guards, socks to cover shin guards, and a water bottle.
Parent Meeting: 6:00 PM - Thursday, August 13th at Amend Park Pavilion

Girls Soccer

Coach: Mr. John Krebs jkrebs@bcsmt.org
Start Date: Friday – August 14th
Time: 6:00-7:15 AM and 6:00-8:00 PM
Place: Amend Park
Equipment: Running shoes, soccer cleats, shin guards, socks to cover shin guards, and a water bottle.
Parent Meeting: 6:00 PM – Thursday - August 13th at Amend Park Pavilion

Volleyball

Coach: Mrs. Anita Foster afoster@bcsmt.org
Start Date: Friday – August 14th
Time: 7:00 AM-9:30 AM and 3:00 PM-5:30 PM
Place: Billings Central
Equipment: Tennis shoes and volleyball shoes, knee pads, water bottle.
Parent Meeting: 5:30 PM Monday – August 24th in the BCCHS gym.

We will be using Arbiter this year. Each family must create an Arbiter account at https://students.arbitersports.com/billings-catholic-schools-activities
Parents create an account using their Name & Email Address.
- **Have a copy of your current insurance information.**

- **You will then be able to add your student-athlete information to your account.**
- **You only need to set-up one account per family, and you can add additional students if needed.**

All students must have a completed physical (Preparticipation Physical Form 2026-27) concussion form (Concussion Form) before they can practice.

- Physical exams are now good for every two years, rather than every year.
  - A physical examination completed on or after **May 1** will be valid for the remainder of the current school year and the **next two school years**.
  - A physical examination completed before **May 1** will be valid for the remainder of the current school year and the **following school year only**.

    - **All incoming 9th-grade students must have a physical examination, regardless of whether they had one in 8th grade.**
    - In the off years, when a student is not required to complete a full physical exam, they must submit an **interim history form** to the school before their first practice.

- **Links to the 2026-27 MHSA Preparticipation Physical Form and Interim Medical Form are below. Forms can be uploaded when creating the Arbiter account.**
- https://assets-rst7.rschooltoday.com/rst7files/uploads/sites/152/2025/10/02153405/Pre-participationPhysicalForm-2026-27.pdf
    - **All 3 pages need to be completed and uploaded.**
        - **History Form = back of first page, and front of 2nd page.**
            - **Make sure it is signed by both the student-athlete and a parent.**
        - **Provider's Physical Examination Form = back of 2nd page.**
            - **Make sure it is signed and dated by the medical provider.**
- https://assets-rst7.rschooltoday.com/rst7files/uploads/sites/152/2025/10/04085330/interim-medical-form.pdf
- **The Concussion Form can be completed electronically when creating the Arbiter account.**

If you have any questions, please contact Pat Hansen at Billings Central (406) 867-4071 phansen@bcsmt.org or Arbiter Support at 800-311-4060.